



Armory Gymnasium Rules

1. The gym is open to "walkers" Monday-Friday, 7:30 AM - 3:00 PM, except during scheduled events, holidays, or maintenance activities.
2. Food, drink, and gum are prohibited in the gymnasium.
3. Be courteous to other participants and refrain from profanity or loud, disruptive behavior.
4. Footballs, baseballs, and softballs are not allowed in the gym.
5. Running or use of basketballs is not allowed in the reception area or hallway.
6. We ask your cooperation in wearing a dedicated pair of non-marking athletic shoes while in the gym. No street shoes please.
7. Proper attire (shirt, shorts, shoes, etc.) required while in the facility.
8. Children must be under the supervision of an adult at all times.
9. Participants may be asked to leave the facility for inappropriate behavior and non-compliance with the gymnasium rules.